

NEW YORK TRAVEL

The Five-Point Weekend Escape Plan

Admire Blazing Fall Foliage in Poughkeepsie

Scope out riverscape views from the world's longest pedestrian bridge and bike through bucolic woods in this revitalized Hudson Valley city.

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Oddball Day



View the work of ten artist residents at the Wassaic Project community arts center.

(Photo: Courtesy of the Wassaic Project)

Get out of the woods with a road trip through eastern Dutchess County. Start with a stack of raisin cinnamon French toast and blackberry maple syrup (\$8.75) at **Red Devon** in Bangall, a casual farm-to-table eatery that emphasizes sustainability—the green roof is covered with grass and wildflowers and the kitchen recycles heat from the dishwasher and exhaust system. You'll need the fuel to shoot a 30-stand round of sporting clays just down the road at **Orvis Sandanona**, one of the oldest public shooting ranges in the country (\$75 for 100 shots or \$175 an hour for lessons). Continue a few miles south to **the Wassaic Project**, a community arts center run out of a refurbished mill and animal auction house. On October 17, the spot hosts an open studio for its ten fall artist residents: Don't miss Ryan Frank's vintage photograph installations and Eliza Swann's monstrous sculptures depicting twisted religious imagery (2 to 5 p.m.). Head ten miles north to Millerton's Main Street, a trove of vintage shops and antiques, and check out the huge selection of vintage hats at BW's Eagle Eye (23 Main Street; 518-789-4109) and mid-century housewares at Hunter Bee (21 Main Street; 518-789-2127). Sample spicy Middle Eastern flavors at **Serevan** for dinner, a locally sourced restaurant in Amenia serving inventive Mediterranean fare. Finally, drive back along the horse farms lining Route 44 to downtown Poughkeepsie's **Bardavon**, a beautifully restored nineteenth-century opera house that draws folk heavyweights like Natalie Merchant (10/8) and Joan Baez (10/24).